

THE BASIC RECIPE

1. *Begin with a minute of small talk - "good journey?"*
2. *Gather input from each partner separately asking each about what they want to tell you, right now, and what they want to focus on –(are they on same or different cycles?)*
3. *Explain the process – neutrality, looking at them as a system, not as two individual people.*
4. *Invite new conversation, while you step back.*
5. *Look for, and describe, strengths of their process (dance) (even if it how they are very dramatic, show their huge difference etc)*
6. *Ask them to talk about this your observations*
7. *Describe the underbelly (downside of their style/strengths)*
8. *Ask them to talk about this too*
9. *Devise an exercise for them to practice their missing strengths, or to increase their awareness of what they are doing*
10. *Ask them about their experience of doing the experiment.*
11. *De-brief – what are you taking away? Anything else to say?*