

Time = 0
The Movement of the Soul
What does your body want to do now?

Time -1

Setting up the Constellation
After you noticed
something was wrong,
what did you want
to do next?

Time +1

Testing the Orders of Love
What were you doing
right before you reached
safety?

Time -2

The Interview
When did you
notice that
something was
wrong?

Time +2

Resolution
When did you know
that you were safe?

The Threat
OR
The part of
you that
knows
something
is not right

The Truth
OR
The movement
in you that wants
to happen
now.

The Will for
Resolution
OR
The missing thing
that will help you
arrive to your
heart's desire

Your Heart's Desire
OR
The part of you
that knows you
survived.

The Accomplice
OR
The part that enables
the threat to manifest